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Wed., May 2, 1979

Logan speaks of Haliburton Chamber of Commerce, praises economic foresight

HALIBURTON — Congratulations have been extended to the Haliburton Highlands Chamber of Commerce and the Haliburton Economic Development Commission for foresight in exploring the potential of future development in Haliburton County.

Victoria-Haliburton riding's Liberal candidate David Logan extended the congratulations while addressing a meeting of the chamber during a recent campaign visit.

"The question is simple and fundamental," he declared. "It demands thought for job creation and the bringing of new money into the Haliburton area, which money can stabilize the economy on a year-round basis. It is fundamental to the future welfare of the young people. It is fundamental to the future welfare of Haliburton."

Mr. Logan went on to say the answer, it is suggested, will require a change in policy presently being exercised by senior levels of government and encouraged by strong members of parliament. In the past number of years we have been suffering from domination by strong city ridings. In 1972 it would appear that these members won the debate on the design for development for the Lake Ontario Region, a region which includes Victoria-Haliburton.

"All of us who have been involved in municipal politics over the years have seen the closing of many of our local industries and the centralizing of these industries in cities like Toronto. We have seen the decline in job opportunities in our area. We have seen our young people leave after high school in order to seek job opportunities in other areas.

"Prior to 1972 many municipalities were competing for industrial development. The Ontario Ministry of Treasury, Economics and Intergovernmental Affairs pointed out in its report in 1972 that the region's main centres would become more important but most small towns and villages would remain stable or decline. In its report it set out one technique dealing with maximum dispersion, which would make small centres grow but would entail large investments of capital and a second technique of maximum concentration of industry in Toronto and along the lakeshore. For your information copies of these two techniques are attached to my report.

"It is obvious what has happened. The strong members of parliament in the cities saw an opportunity to create more jobs in their areas by taking them away from the small centres as shown in Technique One, dealing with maximum dispersion. Once the decision was made, federal funds followed. To reverse the trend today will require strong cooperation between Municipal, Provincial and Federal representatives over this large area. It is our duty to try and do what is necessary in order to stop the erosion of development in our communities.

To understand what is happening, one only has to look at the facts. Some of them are. The railway has announced it is making application to close the railway between Lindsay and Haliburton. This line has been fundamental over the years in the economic welfare of Haliburton. You cannot have industrial development without proper transportation facilities. There has been a suggestion to close Registry Offices in Haliburton and Lindsay and to re-locate them in the City of Peterborough. The Bobcaygeon Hospital has been closed. The laundry facilities attached to the Ross

Thieves net \$1,500 in goods

KENNISIS LAKE - A cottage owned by Dan Buhl of Toronto, located on Little Kenniss Lake was broken into by thieves sometime between April 15 and 28th, and more than \$1,500 worth of property was stolen.

Thieves gained entry to the cottage by removing the siding off an unfinished portion of the cottage.

Stolen from the premises were a vacuum cleaner, T.V., tool box and tools, fishing equipment and clothes.

Investigation is being conducted by Minden O.P.P. Constable Bill Clendenning.

Juke Box and shuffleboard were in good hands

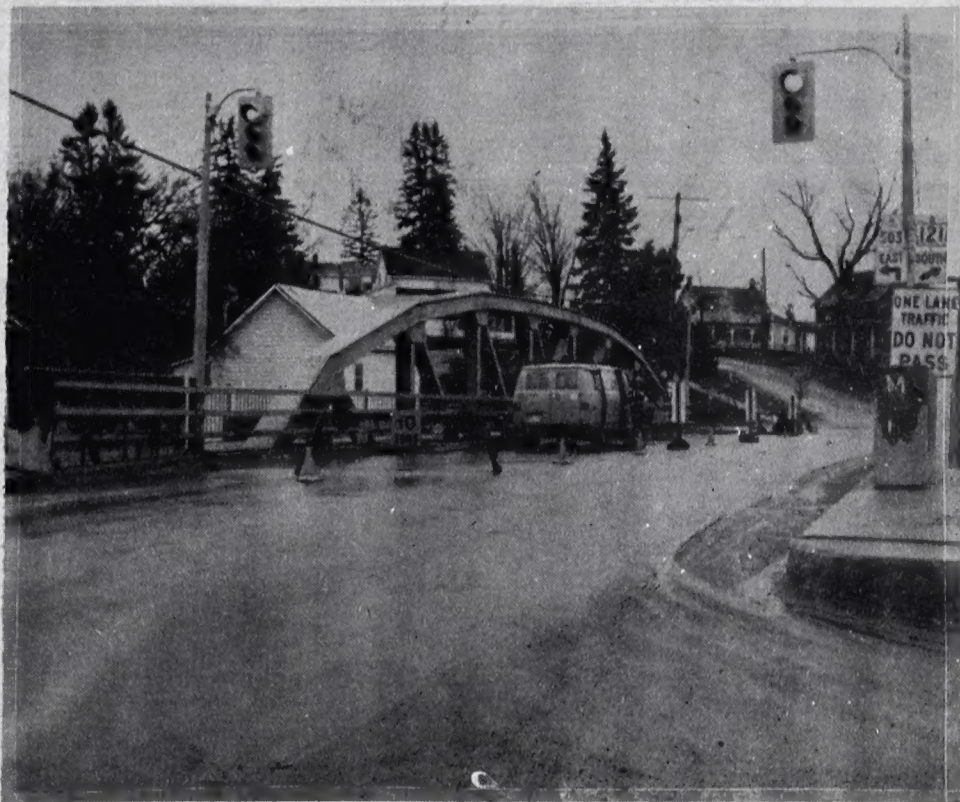
GOODERHAM - What was first thought to be a break, enter and theft at Mountainview Lodge in Gooderham has turned out to be a blessing in disguise.

Robert W. McCullough, owner of Mountainview Lodge, which was gutted by fire early last year, reported a juke box and shuffleboard stolen from the lodge to police last week.

After an investigation by Minden O.P.P. Constable Mike Maher, the items turned up. They had been removed by a third party who took them into safe keeping so they wouldn't be stolen. No charges were laid. The two items were valued at \$2,300.

Memorial Hospital in Lindsay closed and centralized in the city of Peterborough.

There are many other examples. Each one employed only a few people. The cumulative effect on the amount of money taken out of the area however, is large. If a large government facility were to be re-located in the future out of the area it would have a serious effect on the amount of money available to be spent in the small businesses of our community. The question is whether the choice of maximum concentration of development in Toronto and the surrounding cities has been a wise one. Time has shown the difficulties which can arise from too much concentration of development in one area."



Burnt River bridge reduced to one lane due to cracked girder



Men's softball begins

MINDEN - Well it's that time of year again, hockey is now over with the exception of the Stanley Cup play-offs and it's time

to get out that old glove and head for the ball park.

Once again this year, Minden will be part of the Tri County Senior Men's Softball league and tryouts for the team are scheduled for this Wednesday evening at 7 p.m. and Sunday afternoon at 1 p.m. Anyone interested in playing this year can come to the ball park on these dates or phone Jack Snell at 286-2700 after 6 p.m.

This year the Tri County league will be made up of teams from Fenelon, Lindsay, Bobcaygeon, Haliburton and Minden.

KINMOUNT - A restricted traffic and weight flow has been imposed on the bridge spanning the Burnt River on Highway 121 in Kinmount, because of a cracked main girder on the bridge's east side.

According to a spokesman from the Ministry of Transportation and Communications, the east lane has been closed and a ten ton limit imposed on all traffic until a Bailey bridge can be constructed to allow for the repair or replacement of the girder.

The bridge which usually has a weight limit of 43 tons is 135 feet long and the cracked girder was noticed last week by an unnamed fisherman.

Malcolm MacMaster, District Engineer of Port Hope for M.T.C., said the cause of the damage is still unknown, but speculated that the severe temperature changes in the region may have had something to do with it.

"We have 175 bridges of this type in the Port Hope District and they are checked every year. In most cases we can usually spot the trouble. The Burnt River bridge at Kinmount was definitely checked last summer," said Mr. MacMaster.

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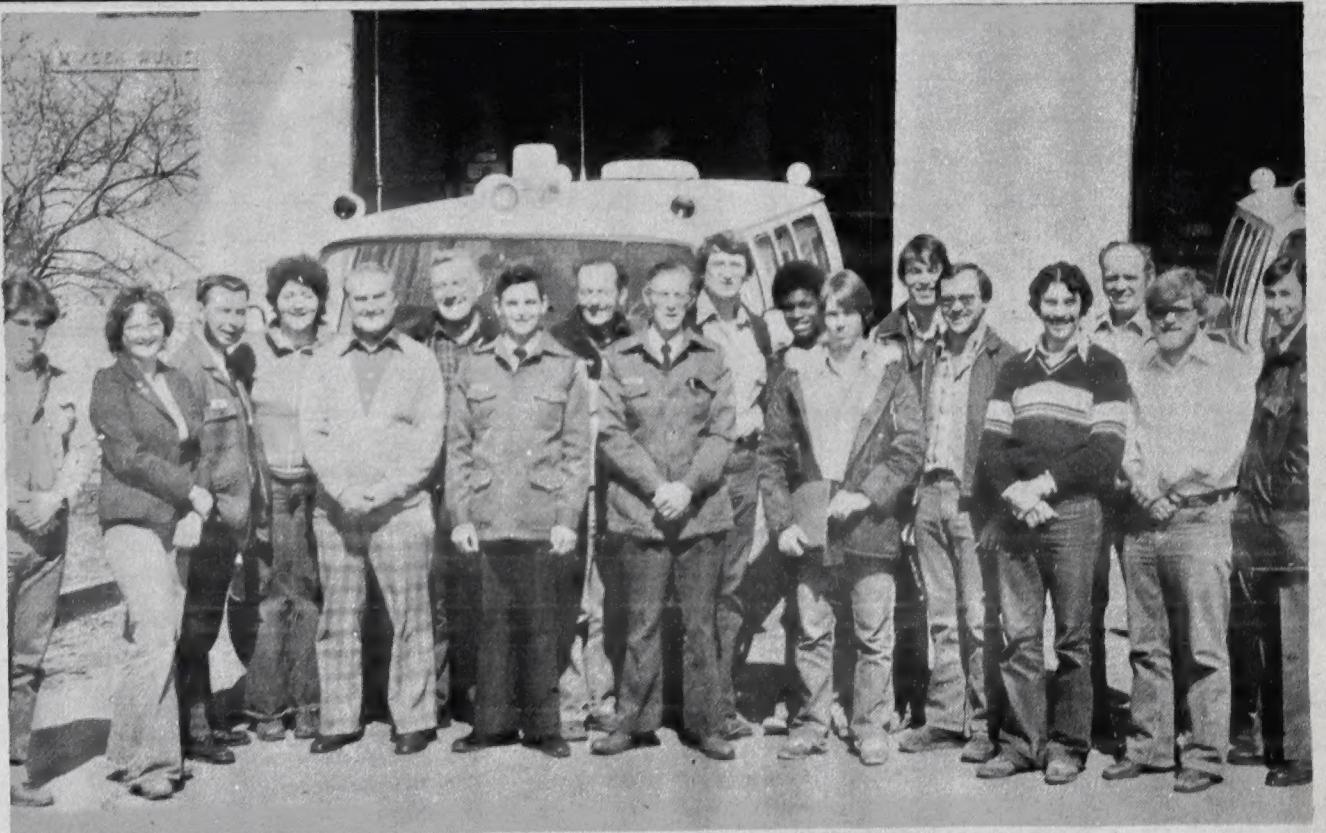
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HALIBURTON — ONTARIO



"Mini Borden" course held over the weekend

MINDEN - Barney Barnett, from the Ministry of Health's ambulance services branch in Toronto, arrived in Minden on Saturday morning to conduct a 'Mini Borden' ambulance course for 17 ambulance attendants, drivers and dispatchers from as far away as Brampton.

The course on Emergency Patient Care, featured practical and written examinations on bandaging, control bleeding, immobilizing fractures, care of ambulance equipment, lifting stretchers, long and short boards, the use of the Thomas splint, teaching ventilation with Flynn and Laerdal ventilators and

loading and unloading patients from the ambulance. These are just a few of the many important subjects taught in the two-day course at the municipal building. Some of the 17 who took the Mini Borden course were also tested in first aid.

"Everyone passed with flying colours", Mr. Barnett said, when asked how the group had made out. "Everyone was very enthusiastic and attentive throughout the course."

The top photo shows the group after the final day of the course, left to right, Silas Allen, Fenelon, Donna Jordan, MacTier, Dave Magee, Minden, Ann Nicholson, Brampton, Barney Barnett,

Ministry of Health, Toronto, John Hulbig, Kinmount, Rob Luke, Minden, John Craig, Lochlin, Gord Samells, Minden, John Lawson, Beaverton, Ken McMillan, Beaverton, Ron McMillan, Beaverton, Charles McIntyre, Beaverton, Dwight Thomas, Fenelon, Spike Moxam, Minden, Steve Low, Orillia and Don Graham, Minden.

In the lower photo, some of the group work on a manikin, administering the proper amount of C.P.R.

Save Time & Money

BY

ANN FRANCES DOLAN

STANDING UP — Scout secondhand stores for an old-fashioned divided vanity with the mirror in the middle and drawered compartments on each side. Drag this home and saw it apart. The drawered compartments make great nightstands with storage, and the mirror can be framed and painted and hung where you want it.

PEANUT PUREE — Mix a can of cream of celery soup with one of chicken broth and whip in a cup of chunky peanut butter. Add a cup of milk, half a cup of water and seasonings. Stir in a half cup of frozen chopped onion that has been sauteed in butter. Simmer soup and serve to six delighted guests.

COLOR MAGIC — Frame a window with a simple, three-sided plywood lambrequin. Buy a plain white shade and block off both with a pencil into irregular squares and oblongs. Paint these with several bright shades of acrylic paint and follow with a coat of clear varnish. Put the lambrequin in place, hang the shade, and you've created a colorful dining spot a la Mondrian that could be the focal point of your room.

STAIN SAVVY — When your best clothing turns up with stains of unknown origin and non-recent vintage, you can attack several ways. Sponge with cold water or cleaning fluid, or rub in liquid detergent, or soak overnight in an enzyme product before laundering. Do not dry garment between these treatments in a dryer, as this might set stain.

NUTRITION NUTTY? — Good nutrition is a puzzle to many and a concern to food producers. One of them, Best Foods, has made up a "Guide to Good Nutrition," with answers to often-asked questions on the subject. For a free copy, write: Best Foods Consumer Services, International Plaza, Englewood Cliffs, N.J. 07632

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Mainstream Canada

An Even Break

By W. Roger Worth

Finally, there is growing acceptance of the idea that Canadians who invest in small business ventures should be given an even break by the taxman.

So far, British Columbia and Ontario have virtually duplicated a magnificent plan developed by Quebec, providing substantial tax incentives for people investing in small and medium-sized enterprises.

Effectively, this places investment in smaller ventures in the same league as the Registered Retirement Savings Plans and Registered Home Ownership Plans that have become so popular in recent years.

In Ontario, for example, people investing \$1,000 in a small business development corporation — which in turn

Roger Worth is Director, Public Affairs, Canadian Federation of Independent Business.

will buy shares in small businesses with fewer than 100 employees — will receive a \$300 cash refund when they file their next tax return.

Hopefully, such activity will alleviate some of the problems faced by independent entrepreneurs when they attempt to raise money for expansion projects, or for Canadians starting new businesses.

What's really important, though, is the clear understanding by three of the country's provincial governments that small business counts. In fact, the impact of the programs may be as much psychological as financial.

17 Victoria County projects get Wintario grants of \$43,080

Grants totalling \$43,080 have been approved for 17 projects in Victoria County from the proceeds of the Ontario Lottery. Culture and Recreation Minister Reuben C. Baetz said last week grants are part of the Share Wintario program for the support of Cultural and Recreational facilities and activities.

To date, in 1979, the ministry has allotted \$10.3 million to more than 1,415 groups and projects across the province.

Locally, grants have been received by the Town of Lindsay, the Kavalier Drum Corps, Bobcaygeon, Manvers Curling Club, the Orange Lodge in Cameron, Fenelon Falls hockey club and many other clubs and organizations.

It's important to note, for example, that most new small and medium-sized businesses are funded by the entrepreneurs themselves, their families, friends, and other individuals in local communities.

But the real key to success seems to be community participation in local enterprises.

Until now, many Canadians have shied away from this type of investment, opting for the tax deferrals attached to RRSPs and RHOSPs.

In turn, these savings have, in many cases, been invested in big, publicly-owned companies such as Noranda Mines, Imperial Oil or Bell Telephone. In addition, great chunks of the money have helped finance the giant skyscrapers and shopping centres that dot the Canadian landscape, particularly in our major cities.

The reason for the policy: such investments are (or appear to be) more secure than similar investments in smaller enterprises.

Across the country, though, the entrepreneur's money raising problems are only partially resolved.

The seven provinces which have yet to join the bandwagon, for example, leave both their entrepreneurs and investors at a distinct disadvantage compared to other Canadians.

Fostering the growth of job producing, home-grown businesses deserves the attention of every provincial government. Making it easier to add to our already vibrant independent-business sector should clearly be a top priority issue.

Local gun club gets a new name at general meeting

In a news release this week, the Haliburton County Marksman Club are happy to announce the official naming of a target shooting club in the County under the name of "Haliburton County Marksman Club" at the second general meeting, last Tuesday.

The Municipal gravel pit in Minden, on Bobcaygeon Road, about 1 1/2 miles north of the Scotch Line Road will be used by the club.

Type of shooting: Small bore rifle, large bore rifle, shot guns. When the range is approved at a later date, hand gun shooting will be introduced.

Aims of the Club—1) Safe handling of guns. 2) Official and legal place to practice shooting. 3) Encourage competition among local residents and between other visiting clubs.

Membership — Open to all residents of Haliburton County. You don't have to be an expert shooter. Present membership is around 70 members.

Annual Subscription — Adult members \$25.00, Junior members \$10.00. For application forms phone: Minden Medical Centre 286-2001 or write the secretary, Mrs. D. Thayer, at Box 89, Minden.



Ask Alma

Dear Alma:

My accountant sent me a bill for preparing my personal 1977 tax forms. I haven't paid it. The problem is he made so many errors that I'm still waiting (nine months) for a refund from the state. Now I'm told that he made another mistake and I owe IRS another big bill. The penalties and interest on this one are more than the accountant's fee.

I'm so P.O.'d at this incompetent bean counter that I don't want to pay his bill at all. What do you think? — Lee.

Dear Lee:

I'd be angry, too. You had zero satisfaction from him. He should receive an equal amount for his services.

Dear Alma:

How do you shake a couple with whom you don't want to socialize? They just don't give up. I can't tell them we're busy because they always ask, "When are you free?" I can't tell them the truth because they live on our street and we don't need angry neighbors. What now? — F.N.

Dear F.N.:

When they ask, "When are you free?" answer, "I'm not sure, I'll call you." Then don't call. After a while they'll realize they're getting the brush-off... but don't expect them not to be bristled.

Dear Alma:

I am only 12 years old but I am already looking at the future. My parents are both a little bit overweight and are on diets. I am overweight, too, but want

to be thin now and stay that way. I always start diets and then splurge on a weekend.

My parents are always complimenting my brother and sister on how thin they are. I want compliments, too!

Could you please give me the name, address or phone number of a doctor who could give me a reasonable diet (day-by-day) for my age? — Fattie in Potomac

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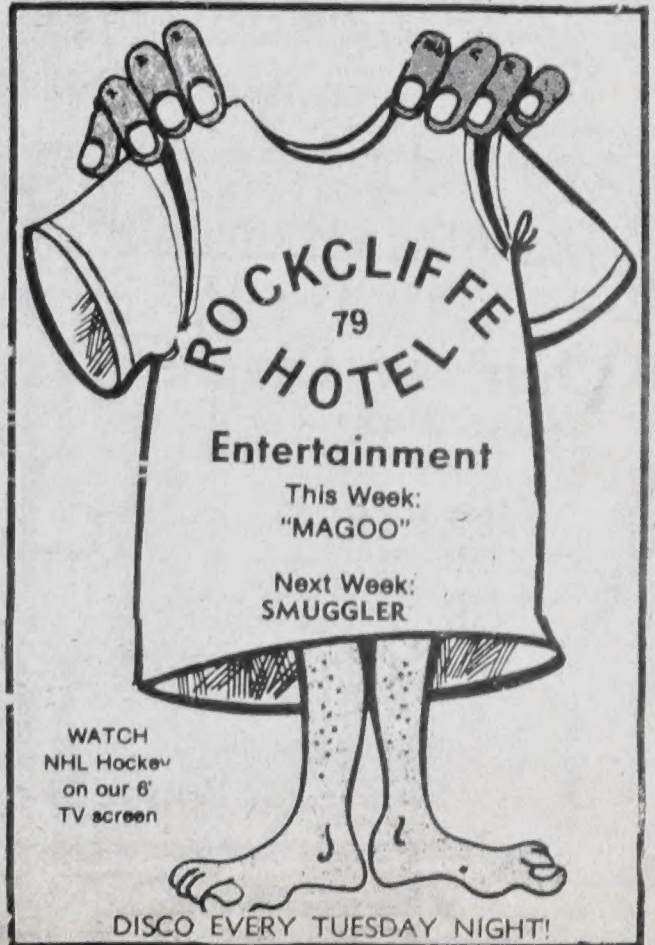
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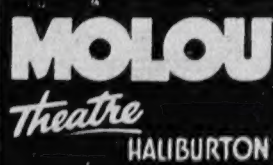
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Minden Council Briefs

MINDEN—The 12th meeting of the council for Anson, Hindon and Minden took place in the municipal building on Wednesday, April 25th at 7:30 p.m.

Present for the meeting were reeve Sinc Nesbitt, deputy-reeve, Doug Pritchard, councillors, S. Brandon, L. Lonsberry and L. McKnight, road supt. E. Kent, by-law enforcement officer, R.C. Schell and clerk-treasurer, E. Burke.

Dr. J. W. Lodenquai and W. Payne attended council to discuss the establishment of a target shooting range. Council approved a motion by D. Pritchard and L. McKnight, that council hereby agrees to lease that portion of property staked out in the gravel pit in part of lot 13, Concession A. Twp. of Anson to the Haliburton County Marksmen Club subject to the supervision of the various municipal personnel.

A motion by S. Brandon and L. Lonsberry, that members of council hereby approve in principal the proposed plan of subdivision in lot 30, Concession 7, Township of Minden provided the developer agrees to pay cash in lieu of land.

A motion by L. McKnight and D. Pritchard, that Policy No. 3 (as amended) relative to mileages and vehicle allowances be approved and incorporated into the 'Book of Policies'.

Motion by L. Lonsberry and S. Brandon, that Policy No. 3 relative to over-time for salaried department heads be approved and incorporated into the 'Book of Policies'.

Motion by D. Pritchard and L. McKnight, that Len Lonsberry be appointed to the Haliburton and District Horticultural Society for 1979.

On a motion by S. Brandon and L. McKnight, the tender of Ken W. Morris Ltd., be accepted for the supply of 40 equivalent liquid tons of calcium chloride for the sum of \$115.00 per ton, subject to the approval of the M.T.C.

Motioned by L. Lonsberry and S. Brandon, that the tender of Allied Chemical Limited be accepted for the supply of 40 tons of bagged calcium for the sum of \$95.50 per ton plus F.S.T. of \$8.60 per ton plus \$23.40 per ton freight charges (total cost per ton of \$127.50) subject to the approval of M.T.C.

Motioned by D. Pritchard and L. Lonsberry, that the tender of E. S. Hubbell and Sons Ltd. be accepted for the supply of various culverts and couplers subject to the approval of the M.T.C.

Motioned by L. McKnight and D. Pritchard, that the tender of Canam Oil Services be accepted to supply 40,000 gallons of non-asphaltic road oil at a price of 37 cents per imp. gallon subject to the approval of the M.T.C.

Council agreed to hold a meeting on May 27th with only those persons who objected to the rezoning application for property in part of lot 6, Concession 3 (Terrelec Properties) and part of lots 6 and 7 concession 4 Twp. of Minden.



Canadian Comment

BY PETER WARD

OTTAWA (SF)—It seems years since Canada first began assessing new jet fighter aircraft with a view to buying \$2.34 billion worth of them to replace the aircraft now in use by the Canadian Armed Forces.

Quite right. It has been years. That program is now more than a year behind schedule, and Canada is skating extremely close to the line of major defence trouble. We've waited so long to make a decision, that it is now extremely doubtful we can keep our CF-101 Voodoos in Canada and CF-104s in NATO flying until the replacements arrive.

In the unlikely event that Mr. Trudeau and his Liberals win majority re-election, the earliest any decision on replacement could be made would be Oct. 1 this year, for a contract signing late in fall. Chief of Defence Staff Admiral R.H. Falls is on record as saying that the absolute deadline for keeping the existing aircraft flying is late 1983.

We might possibly bring the F-16 into service by that time if the government chose that aircraft, but in the view of many experts, it would be the wrong choice. The F-18A, the other fighter on Canada's short list, won't be flying as a production model until sometime in 1981 and won't be available to Canada in sufficient quantity until sometime in 1984. The government,

which has been postponing the new jet fighter decision since 1973, has left it far too late, and yet by doing so, the Trudeau cabinet may have given Canadians a break.

There's no iron-clad law that says Canada must fly jet fighter aircraft in NATO. We'd be better off by far to double the size of the army formation in Germany and move it back to the central front area, where it would be of some use. As far as jet fighters in Canada are concerned, the F-16 is far from the ideal machine. The F-18A probably can't be brought into service soon enough.

Why not postpone the purchase of fighters a few years more? We could replace the CF-101s in North America by purchasing used F-4 Phantom aircraft from the United States and use them for defence of Canada until the next generation of fighters is available. We could then divert some of that fighter money into defence areas of greater priority, because we could buy enough Phantoms to do the job for a mere \$200 million.

That's something that a re-elected Trudeau government would never do, because it's committed to folly in defence policy. Any new government should put a hold on major weapons spending until a white paper on future needs has been produced and thoroughly discussed by public and Parliament.

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Two area collisions result in \$3,700 damage, one injured

MINDEN - O.P.P. report the following activity for the period of April 23 to 29, 1979. During this time staff investigated three reportable collisions and 64 general occurrences. There were five break-ins reported, two compassionate messages delivered, five persons charged with liquor violations and one person charged with impaired driving.

Cars collide, one person injured

On Tuesday afternoon, April 24th, Wayne R. Shaw, 28, of Toronto, received minor injuries in a two-car collision at the junction of Hwy. 121 and Ingoldsby Road.

Shaw was eastbound on 121, when a 1970 car driven by Daryl Yakely, 23, of R. R. No. 1 Minden, entered from the Ingoldsby Road and struck the 1969 car driven by Shaw. Police have charged Yakely with failing to yield in the mishap. Damages totalled \$1,800 to Shaw's 1969 car and \$600 to the Yakely vehicle. Investigation was carried out by Minden O.P.P. Constable Dennis Potter.

Parked pickup suffers \$800 damage

Early Thursday evening Wilbert G. Dennison was backing his 1974 car out of a private driveway when he struck a parked pickup in the driveway. Damage has been estimated at \$500 to the Dennison car and the pick-up which is owned by Donald J. Grahm of R.R. No. 1 Minden suffered some \$800 in damages. Charges are pending. Investigation by Minden O.P.P. Constable Brian Dunham.

April Ball a success

Last Saturday evening in the Stanhope Community Centre, more than 100 people enjoyed an April Showers Ball put on by the firefighters.

With music provided by Haliburton DJ, Ed Whiteway, couples in attendance danced until the wee hours of Sunday morning.

Door prizes were numerous throughout the evening with many lucky couples winning useful items from local businesses. A hot meal ended the evening for some at 1 a.m. while others lingered on. Watch The Express columns for announcements of future dances in Stanhope's Community Centre.

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Skating club sets date for annual flea market

The final event of the year for the Minden Figure Skating Club is emerging upon them.

Their Annual Flea Market held every year on Saturday of the long weekend in May is held at the Minden Municipal parking lot.

There is always something of interest for everyone. From rummage and household items to home-baked goods and crafts. For the small fry there will be a table of stuffed animals. And if you feel like having a snack, hot dogs and pop.

Donations of any spare items you might find during your spring cleaning would be appreciated. You

Red pine trees planted Saturday

The Minden office of Natural Resources supplied 3,000 new red pine trees for Minden's boy scouts, venturers, cubs and beavers to plant last weekend.

With the assistance of mom's and dad's all the trees were planted successfully on the farm of Jim Gilligan, Minden.

Help your HEART FUND

may call 286-2425 to arrange for pick-up. One-man's garbage is another man's treasure.

The Minden Figure Skating Club would like to extend a thank-you to our friendly local merchants for their kind assistance to our club during the past year. A special thank-you to all families, friends and others who showed an interest in our club by their support.

To all skaters and parents the Skating Club extends this invitation to get your work shirts on and come and help make this year's Flea Market the biggest and best yet. That's on Saturday May 29th at the Minden Municipal parking lot at 10 a.m. There will be someone there until everything is sold.

Dear Fattie:

Any good doctor can prescribe a diet tailored to your own body and personality. The one to see is the doctor who does your checkups and handles your

sick visits. He knows you best.

Good luck to you, sweetie. Write to me again when you can sign your letter, "Ex-Fattie."

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DAVID LOGAN



FEDERAL LIBERAL CANDIDATE

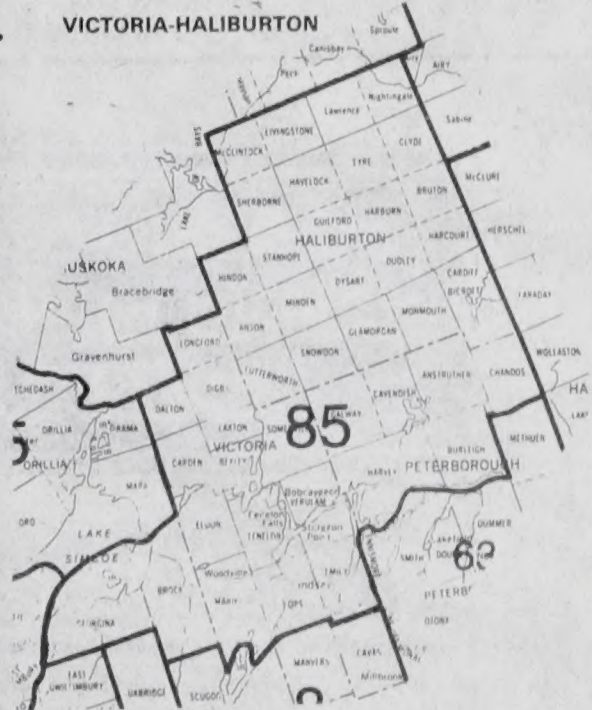
INFORMED . . . David Logan was born and raised in the Victoria-Haliburton-Georgina riding and lives in the Town of Lindsay. David has travelled extensively over the many miles of this riding as a resident, a businessman, Mayor of the Town of Lindsay, and as the candidate in this election.

PROVEN . . . David has served the Town of Lindsay as Councillor for six years and was the Mayor from the fall of 1971 through 1978. During this period, David has been both Director and President of the organization of Small Urban Municipalities, and has served on the executive committee of the Association of Municipalities of Ontario.

FAMILY . . . David and his wife, Pamela, have three children, Hugh—16, Jocelyn—14, and Peter—13.

EDUCATED . . . After obtaining a Bachelor of Arts Degree from the University of Western Ontario,

VICTORIA-HALIBURTON



David attended Law School at Dalhousie University in Halifax, Nova Scotia.

SPORTSMAN . . . David played on the Varsity football team for three years while he attended Dalhousie University. He continues to enjoy football, and is an active skier and curler.

CONCERNED . . . The Victoria-Haliburton-Georgina riding is the second largest geographic riding in Ontario. The interests and needs are complex and must all be met with equal enthusiasm, energy, and dedication.

Sponsored by Victoria-Haliburton

Liberal Association

60 Russell St. W., Lindsay.

324-0580





SPORTS

by Cliff Burke



CARNARVON - Peterborough Lumber of the men's commercial league in Carnarvon, won three championships in two weeks - league, play-off and CNE team championship House round. Above left to right, Jim Wilson, Bob Robinson, Doug Robinson, Albert

Cox, Harris Steele, Cliff Burke and Fred Cox. Below are the 1979 men's commercial consolation playoff winners, Ingoldsby. Left to right, Frank Dunsford, Don Hicks, Reg Burk, Eric Burk, Bob Heppleston and Gord Darby.



Carnarvon lanes bowling

INGOLDSBY MIXED 9,678; John Saunders
(Final Playoff Standings) 9,548; Walt Ackerblade
Gord Darby 10,107; Wally 9,398.
Crofts 10,082; Eric Burk
9,779; Bruce O'Brien

**WEDNESDAY
AFTERNOON**

(Final Playoff Standings)
Championship Series
Happy Gang 16,107; Slow
Pokes 6,026; Odd Balls
5,733.

Consolation Series
All Strikes 5,980; Hot
Rods 5,786; Left Overs
5,631.

Perform a death-defying act.



Exercise regularly.

Give Heart Fund

Peterborough Lumber wins third championship in two weeks

CARNARVON - On Wednesday evening at Carnarvon Lanes the men's commercial league playoffs were down to their final three games and Peterborough Lumber was leading by 28 pins over the Rockcliffe Hotel and 49 pins over Modern Electric. After the first game was over the Hotelmen had jumped to a 120 pin lead and looked certain to capture the 'A' series championship. Then after two games Modern Electric came through with a game of 1256 to take the lead by 121 pins.

In the third, the PL boys went to work with sparkling team play and lots of hollering, walked off with the championship, rolling a spectacular 1489 final game to win by more than 250 pins. The 1489 set a new 1000 Lakes Bowlers Association men's team record, breaking the mark of 1421 set by Ingoldsby last season.

Leading the way in this final game was Albert Cox, who rolled the highest single of his life, a beautiful 361. Bob Robinson chipped in with 323, Doug Robinson had 284, Cliff Burke 253 and Harris Steele 244. Anchorman on the team is Fred Cox and he was scratched with 223.

This makes the third championship the Peterborough Lumber team has wrapped up in two weeks. On Tuesday, April 17th PL held off a determined challenge by Modern Electric to win the men's commercial league, by nine pins. Then on Sunday, April 22nd they took to the lanes in the Canadian National Exhibition 'Pins Over Average' team tournament, and defeated nine other Carnarvon Lanes teams, to advance and represent Carnarvon Lanes at this year's CNE in late August.

In the 'B' series consolation championship in the men's commercial league, Ingoldsby posted a nine-game series total of 10,654 to completely destroy their competition, Guilford Recreation and NorPhoto.

The complete standings after nine games of play-off action are: 'A' series - Peterborough Lumber 10,824, Modern Electric 10,588, and Rockcliffe Hotel 10,477. 'B' series - Ingoldsby 10,654 (Reg Burk, Gord Darby, Don Hicks, Bob Heppleston and Frank Dunsford), Guilford Recreation 9,827 and NorPhoto 9,668.

The commercial league will now hold their awards banquet on Friday evening, April 11th commencing at 6 p.m. at Club 35.

LAWN-BOY SPRING CHECK-UP SPECIAL!

This week only **\$18.95** Factory authorized LAWN-BOY service.

Make sure your LAWN-BOY is in top shape for the coming season. Let us give it a thorough check-up at this special early spring price. Here's what we do:



- Clean engine, housing, muffler, gas tank, exhaust ports and air filter
- Clean and adjust spark plug.
- Check carburetor operation.
- Test ignition system and switch.
- Sharpen and balance blade.
- Check compression and tighten all bolts.
- Test run and inspect engine.

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REALTOR

HOMES —

McKAYVILLE — Well kept aluminum clad home with large fireplace, 2 baths, full w.c., 2 large bedrooms, 2 car garage, and enclosed sunporch. List of convenient features & extras. Priced at \$54,900.00. **SOLD**

COTTAGES —

CANNING LAKE — A rugged well treed lot with 100' of shoreline, a 2 bedroom cottage and floating boat house. Comes with low taxes, good terms and a low price of \$24,900.00.

VACANT LAND —

ANSON ST., MINDEN — Quiet residential street, within 2 minutes to main street and shopping. This lot has 70' frontage by 200' depth, and is serviced with town water and sewers. Priced at \$7,200.00.

LAKESHORE —

MINDEN LAKE — A cleared lot, ready for the cottage of your choice, with 120' of safe shoreline and only a 5 minute drive to Minden. Priced at \$14,900.

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every child
has the
right to
smile

1979
International Year
of the Child



On Sports

BY JOHN DALTON

Peter Gregg, one of America's top sports car racers, is a plain talker.

"I believe that I can win any race I enter as long as nothing goes wrong with the car," says, Gregg, 38, who drives a Porsche Turbo 935.

Key example: the 24-hour Pepsi Challenge at Daytona Beach, Fla.

It was mechanical failure that defeated Gregg, a four-time winner of the event, at the 18th running in February of America's only 24-hour auto race.

At sunset, Gregg lost an hour when two turbochargers on his Porsche had to be replaced. Into the night, Gregg, in fifth 20 laps behind the leader, was making up ground. But valve trouble forced him out of the race.

"You never go through a 24-hour race without something breaking," notes Gregg, who drove with Jacky Ickx and Bob Wollek in the Pepsi-Daytona race (won by another Porsche team headed by Danny Ongais).

Comparing long-distance auto racing to shorter events, Gregg says: "It's just as different as a mile run and the 100-yard dash."

The pure skills of a driver often make the vital difference.

"The top drivers develop a technique of going fast with the least strain on the car," Gregg explains. "The tendency is to always drive as fast as you can. But you have to know how to go just fast enough to keep a lead."

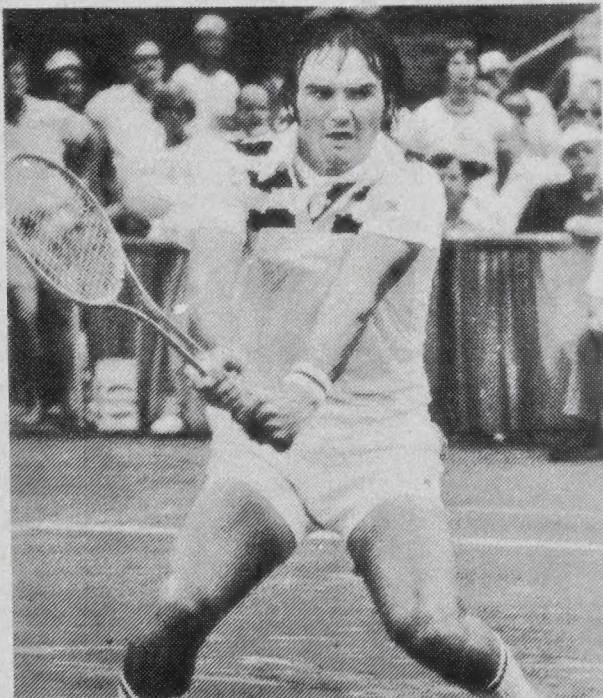
A Jacksonville, Fla.-based Porsche dealer, Gregg, who has a Harvard B.A. in English literature, has dominated the International Motor Sports Association circuit — earning the nicknames of "Peter Perfect" and "Perfect Peter."

Gregg cites his 16 years of experience as an auto racer. He says, "In competitive racing, there is no substitute for experience — not even genius."

As proof, Gregg was the IMSA GT champion in 1971, 1973, 1974, 1975 and 1978; and the SCCA Trans-Am champion in 1973 and 1974.

Concerning his mental approach to driving, Gregg (who keeps in top physical shape) indicates he has

Sports View



JIMMY CONNORS, the top-ranked U.S. tennis ace known for his reckless style, just seems to keep getting better. His strategy: crush the opponent.

learned how to remain calm before racing. "If you're tense, you can't last two hours," he says. "I'm relaxed."

It's not really that hard just to compete on the sports car circuit.

Says Gregg: "If you drive on a highway for a few years you have the basic racing skills. I can teach anybody how to survive on a course in six or eight hours."

But it takes more than that to be anything like contender.

"Less experienced drivers are able to keep up, but they'll be using the car

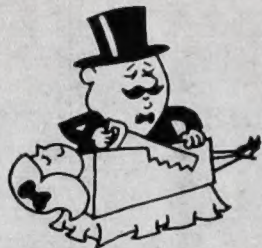
much harder. It's hard to go fast without using the car."

"You have to be sensitive about the car. I can feel the car itself."

And his Porsche racers are special: 700 horsepower; zero to 60 mph in three seconds or less; price tag: \$100,000; top speed: more than 200 mph.

Admits Gregg: "You take a road car and put that much power in it and it's a real bomb."

Perform a death-defying act.



Reduce if overweight.

Give Heart Fund

Kennedy, 74 Nanwood Drive, Brampton, Ticket No. 094505; Brenda Helmkey, 13 Elberta St., St. Catharines, Ticket No. 104951 and Mary Gour, 223 Park Row S., Hamilton, Ticket No. 014284.

These four people won prizes as sellers of the lottery tickets; 1st. and winning 20" Admiral TV was Eileen Cook, 34 Beech St., Brampton; 2nd and winning an AM/FM 8 Track Stereo C/W Speakers, Gerry Dunn, 377 Gem Ave., Petrolia; 3rd and winning an L.C.D. Constant Readout 4-Function Digital Watch was Noreen Herman, 6 Grenadier Court, St. Catharines and 4th was Irene Koleszur, R. R. No. 1 Walsingham and winning a Digital Clock Radio AM/FM.

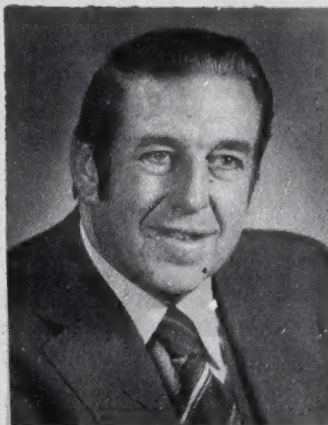
OBC Lottery results

HAMILTON - Over the Easter Weekend, the final draws for the Ontario Bowlers Congress lottery was made as part of the festivities of the Colt 45 Open Provincial 5-Pin Bowling championships, held in Hamilton.

The winner of the 1979 Oldsmobile Delta Royale was Rober Udall, 84 Apache Trail, Willowdale, Ontario. Ticket No. 071668.

The following five people won 20" Admiral Colour Television sets: K. Coady, 4156 Fieldgate, No. 37, Mississauga, Ticket No. 073591, Dan McConnell, 1729 Albert Street, Windsor, Ticket No. 002123; Irene M.

Cast Your Vote to Rebuild Canada



"Young people in Canada don't need and don't want short-term, make-work projects. They want permanent, meaningful employment that will enable them to contribute to the development of Canada. A PC government is committed to more employment for young people through job creation in the private sector. Tax policies that encourage consumer spending and new investments will naturally lead to new jobs, thus helping new, young entrants to the labour force."

— PC Leader, JOE CLARK

Bill Scott has always recognized and stressed the importance of small business, which provide over two-thirds of all jobs in Canada today.

"One million unemployed and 18,000 business bankruptcies in the past four years is a national disgrace. Only one person can be blamed for this national disaster — Pierre Trudeau. I don't accept that this economic and social tragedy is necessary. It could and should have been avoided. It will not continue under a Progressive Conservative government."

— BILL SCOTT

Meet Bill Scott at the Wagon Wheel, Minden on Thursday May 10th 7:30 - 10 p.m.

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Please place my "ACTION AD" in The Express. Enclosed is \$1.00 for my TWO ads.

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Postal Code
AD TO READ:

Be sure to put your name or telephone number in your ad also. Maximum words, 15.

Please place my FREE "ACTION AD" in The Express. Tear out both coupons and send to The Express, RR 2, Minden, KOM 2K0

Name
Address
Postal Code
FREE AD TO READ:

Be sure to put your name or telephone number in your ad also. Maximum words, 15.

Behind the Seams

BY PEGGY BENDEL

Whether it's a one-piece maillot or an itty-bitsy bikini, when you sew your own, you'll save enough for a season's worth of suntan oil.

The surprise is how little it takes to sew your own swimsuit. Fabric? A yard or less of special two-way stretch knit makes most styles. Time? The sewing goes quickly.

Because a swim suit is meant to fit like a second skin, you'll want to be sure of buying the right pattern size. Bust, waist and hips are the key measurements to judge size by.

Chances are that no pattern alterations will be needed. Be prepared, though, for possible seam adjustments — take in or let out — when you try it on for a fitting. The idea is to take advantage of that two-way stretch quality of the fabric so the suit really hugs your figure.

Many patterns now incorporate self-adjusting features like drawstrings or elasticized edges. These help you achieve that great fit, too.

Naturally, a two-way stretch fabric needs a bit of special sewing attention. Begin by using a ballpoint needle, usually size 14, but if your fabric is medium or heavyweight, the coarser size 16. Nylon thread is a must if the fabric contains a high portion of nylon fibers. A general purpose polyester thread is fine for other fibers.

The seam should be super-strong and stretch a little. Ideal is the combina-



MAKE waves of your own in this sleek maillot (Simplicity 9002).

tion zigzag-overcast seam many new machines offer. A narrow zigzag is fine, too, or a double row of straight stitches. Trim seam allowances to a scant one-fourth inches after fitting.

Pin-in bra cups, which you cover in fabric, can be used for support, but if you don't need them, don't use them. The beauty of today's swimwear is the simple, natural look.

St. Louis, Mo., was named for King Louis IX by fur trapper Pierre Laclède, whose trading post became a major fur market and gateway to the West.

Township of Stanhope-1978

MILL RATES

(Average current and previous year's mill rates)

	1978		1977	
	Residential & Farm	Commercial & Industrial	Residential & Farm	Commercial & Industrial
Township purposes	133.8	157.4	130.8	153.9
County purposes	58.4	68.7	53.6	63.0
School Board purposes	270.6	300.6	240.6	267.3
	<u>462.8</u>	<u>526.7</u>	<u>425.0</u>	<u>484.2</u>

REVENUE FUND OPERATION

	1978 Budget	1978 Actual	1977 Actual
ACCUMULATED NET REVENUE (DEFICIT), beginning of year	\$ (1,867)	\$ (1,867)	\$ 90
REVENUE			
Taxation	512,126	513,155	466,531
Payments in lieu	650	744	731
Ontario grants	197,200	215,066	173,382
Other grants	-	-	39,415
Fees and service charges	-	5,232	7,410
Other	9,778	16,588	13,976
	<u>719,754</u>	<u>750,785</u>	<u>701,445</u>
EXPENDITURE			
General government	70,375	93,104	68,240
Protection to persons and property	26,110	31,731	24,750
Transportation services	212,214	236,404	204,160
Environment services	8,000	8,478	7,119
Health services	1,200	2,700	450
Social and family services	12,500	14,845	12,377
Recreation and cultural services	14,500	29,103	52,969
Planning and development	5,000	5,140	8,195
County purposes	69,031	69,159	61,614
School Board purposes	298,854	299,443	263,528
	<u>717,784</u>	<u>790,107</u>	<u>703,402</u>
ACCUMULATED NET REVENUE (DEFICIT), end of year	\$ <u>103</u>	\$ (41,189)	\$ (1,867)

CAPITAL FUND OPERATION

	1978 Actual	1977 Actual
UNFINANCED CAPITAL OUTLAY (ENEXPENDED CAPITAL FINANCING), beginning of year	\$ nil	\$ nil
CAPITAL FINANCING		
Contributions from revenue fund	31,179	11,451
Ontario grants	53,457	18,866
Other	87,376	11,826
TOTAL CAPITAL FINANCING	<u>172,012</u>	<u>42,143</u>
CAPITAL EXPENDITURE		
General government	62,475	13,592
Protection to persons and property	4,381	1,600
Transportation services	976	26,951
Recreation and cultural services	104,180	-
TOTAL EXPENDITURE	<u>172,012</u>	<u>42,143</u>
UNFINANCED CAPITAL OUTLAY (UNEXPENDED CAPITAL FINANCING), end of year	\$ <u>nil</u>	\$ <u>nil</u>

'8 Financial Highlights

RESERVE AND RESERVE FUND OPERATIONS

	1978 Actual	1977 Actual
RESERVES AND RESERVE FUNDS, beginning of year	\$119,957	\$ 91,362
REVENUE		
Contribution received	5,500	-
Interest earned	3,345	1,595
Ontario Home Renewal Plan - grant	56,532	29,000
	65,377	30,595
EXPENDITURE		
Transfers to revenue fund	5,000	2,000
Loans forgiven - Ontario Home Renewal Plan	8,100	-
Administration - Ontario Home Renewal Plan	2,160	-
	15,260	2,000
RESERVES AND RESERVE FUNDS, end of year	\$170,074	\$119,957

YEAR END BALANCES OF ASSETS AND LIABILITIES

	1978	1977
ASSETS		
CURRENT		
Cash	\$ 7,697	\$ 1,400
Accounts receivable	38,460	77,100
Taxes receivable	70,223	50,468
Other current assets	882	811
	117,262	129,779
OTHER ASSETS		
Ontario Home Renewal Plan Loans	65,090	48,067
	\$182,352	\$177,846
LIABILITIES		
CURRENT LIABILITIES		
Temporary loans	\$ 45,000	\$ 27,198
Accounts payable and accrued liabilities	8,467	32,558
	53,467	59,756
RESERVES AND RESERVE FUNDS	170,074	119,957
ACCUMULATED NET REVENUE (DEFICIT) AND UNAPPLIED CAPITAL RECEIPTS	(41,189)	(1,867)
	\$182,352	\$177,846

NOTES

The 1978 Financial Report consolidates the operations, assets and liabilities of the Township. There are no local boards or municipal enterprises consolidated in these results.

The above data has been extracted from the audited 1978 Financial Report of the Township. Copies of the 1978 Financial Report are available at the Township Offices to any resident who wishes to review or analyze the financial operations of the Township in greater detail.

Hampage, Taylor, McDonald & Co.



Joan Crosby's TV PARADE

OH DAD, RICH DAD — Gene Kelly is such a good father, absolutely devoted to his kids.

His date at a party to screen his CBS-TV special, "An American In Pasadena," was his shy and very pretty 13-year-old, Brigit.

Gene looks sensational, as usual, and when I asked him how he was, he replied with typical Kelly humor "I'm the same as I was the last time."

He is a nice, even-tempered man.

INVITATION TO THE DANCE — For someone who grew up movie-struck, it was fun seeing Fred Astaire and Gene Kelly within a few days of each other. They are two of the all-time greats. And so different in their dancing styles. Astaire, smooth and casual, and Kelly, like a coiled spring ready to explode. Mr. Casual and Mr. Intense. A privilege to be in their presence.

PARTY TIME — Hollywood likes to give parties. And they are generally fun to go to. The problem comes when there are too many on one night. So I missed the arrival of Charlie's Angel Cheryl Ladd, who was with husband David Ladd, at the party for Clay Felker, who is editing the new magazine, Esquire Fortnightly. This is a man's magazine and the idea is why not? Well, why not indeed? If women's lib gets any more successful,

men will be second-class citizens and they will have to start a backlash movement.

Why did I miss Cheryl Ladd's arrival? Simple — I went on to the party for Gene Kelly.

AND STILL ANOTHER PARTY — Steve Allen and Jayne Meadows Allen hosted a party in the new building which houses KCET, Los Angeles' PBS station. It was to screen a segment of Steve's fascinating series, Meeting Of The Minds.

Cleopatra, Plato, Teddy Roosevelt and Martin Luther were among the guests, as well as the Dowager Empress of China. In reality, they were Jayne, David Hooks, Joe E. Leon Askins and Be. Quo. They play the roles on the show.

Marie Antoinette was supposed to be there, but Jayne confessed there was a problem with the costume so Cleopatra, who had been visiting "my cousin, King Tut" rushed over in her stead.

The snippets from some shows and the full show screened were wonderful. But what lingers in my mind is the extraordinary, beautiful, intelligent performance Jayne gives as elderly Florence Nightingale. It ought to change the minds of people who think Jayne only can play brittle, sophisticated roles.

Cincinnati processed so many hogs in the early 1800s that it was called "Porkopolis."

Honey is one of the earth's purest foods, since disease-causing bacteria cannot exist in it.



Camping Family Style

BY ANGELA AND FORD BOTHWELL

Q. Is there any difference in pulling a trailer with a front-wheel drive car, compared to the traditional rear-wheel drive towing car?

A. On the open road, there's virtually no difference at all between the two types of cars in steering, braking and towing capacity when pulling a trailer. You might, however, see a difference on a steep incline, which can work to your advantage or disadvantage, depending upon the conditions.

One situation that comes to mind is backing a boat trailer onto a boat launching ramp. When cars are on such inclines, there is a shift of weight that puts more of the load on the rear wheels, which can be a help when pulling out.

However, in many cases the front-wheel drive car can be more advantageous, since the drive wheels remain on drier, firmer ground that is not as near the water.

But as a rule of thumb, the difference in traction caused by weight shifts toward the rear wheels will be negligible when pulling a trailer with any type of cars. Which means that, in most cases, front-wheel drive cars are perfectly capable of pulling trailers.

More importantly, before you buy any type of car, insist that the salesman provide you with all available information on

its trailer-pulling capability. There are some cars that are simply not made to haul trailers, and it doesn't matter what type of drive they have.

As many recreational vehicle campers have learned, buy the car to fit the trailer you plan to pull.

Q. What does the term "loft" mean in sleeping bags?

A. Loft is the thickness a sleeping bag attains from its insulation and trapped air after it's thoroughly shaken out and fluffed up. In a nutshell, it's what keeps you warm, and it applies to all types of insulated apparel, such as jackets and vests, not just sleeping bags.

Generally, goose- and duck-down insulated bags and garments offer the most warmth because of their superior loft, although some of the newer synthetic insulators come close.

Superior loft is what you should look for in any item designed to keep you warm, although wind velocity, humidity and your own body metabolism also figure in.

Learn about the overlooked national parks where you'll find conditions less crowded this summer. Write: LESSER-USED PARKS, Camping Family Style, c/o this newspaper. The words Lesser-Used Parks must appear on your envelope.

Homeowners respond favorably to thermography project

PETERBOROUGH, Ont. -- Homeowners in Peterborough have responded favorably to an unusual energy conservation project in this community, George Ashe, Parliamentary Assistant to the Minister of Energy, said today.

He told a news conference that results of the six-week thermography information project jointly sponsored by the Ministry of Energy and the Peterborough Utilities Commission "exceeded our expectations."

Six thermography interpretation centres operated consecutively for one-week periods from Feb. 26 to

April 6 throughout the city to give homeowners a chance to examine an aerial heat loss survey of their homes and learn how to save on fuel bills.

"In total, more than 4,800 individual thermogram interpretations were conducted. That means homeowners in more than 35 per cent of the homes in Peterborough took the time to examine thermograms of their homes, listen to detailed explanations and find out how they can save energy," Mr. Ashe said.

"In addition, about 4,000 homeowners received home energy analysis questionnaires, designed to help them pinpoint where energy savings could be made in their homes."

Walter Dunford, past chairman of the PUC, said, "The Peterborough Utilities Commission see the results of the thermography project to have a positive and immediate, as well as a long-range impact in reducing home operating costs."

Peterborough is the third, and largest, community in Ontario to undertake a thermography information project through the Ministry of Energy. The first such project in Canada was held in Lindsay, Ont., in May, 1977. A second project was held in Stratford, Ont., in March, 1978.

"At the same time, officials of the Ministry are looking at ways to make thermography information clinics available in other parts of the Province," Mr. Ashe said.

WORD CAGE

BY TRACY ST. JOHN

P R E S S E L B A S Z D T D T
R A N G E A C N T E C R E H N
E M L H N T E A U R O T G O A
D M I A L I T S E F U I I D B
P N C L C E G S F P R T L R O
R R I I S E I E E B A O A R E
A W E M T U S R B N G V I G M
Y M A S J N M Y I N E A A A E
E N E I I L E G N G C M T S D
R B H H E D A D Y I I I I B I
S A U A C M E P I R T S I A A
N K D T I A T N G F R S N R S
U E L D R I N L T A N I E A S
R O O A A O I E E T S O P D E
N L B N T P S L M F E N C E T

RULES—There are three parts to THE WORD CAGE: (1) clues, and (2) quiz, which lead to (3) the final answer, the mystery word. The clues and quiz are hidden in the grid—up, down, across, backward or diagonally. First, circle the clue words (we've found the first word for you). You may find the same letter in more than one word, so circle each letter clearly. Next, circle the quiz words; the first letter and number of letters are given for each. When you have circled all the clue and quiz words, the remaining uncircled letters will spell out the answer to this week's WORD CAGE.

CLUES FOR: ANWAR SADAT

A — Able, Arabs, Asset; B — Begin, Bold, Brave, Bright, Butros; C — Canal, Confident, Courage; D — Destiny; E — Effort; F — Fence; G — Ghali, Golda; I — Idol, Imagination, Israel; J — Jihan; L — Leader; M — Media, Menachem, Mind, Mission; N — Nasser; P — Palaces, Peace, Pilgrimage, Post, Prayers, President, Press; R — Range, Reputed, Runs; S — Sinai, Statesman, Suez; T — Talks; W — Will

QUIZ

His nationality (E-8)

His capital (C-5)

His religion (M-6)

THIS SOLUTION HAS 13 LETTERS

Solution to last week's puzzle: Performance

Answers to quiz questions were: Manhattan, Greek, divina

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HAWK LAKE ROAD — new custom built chalet, pine board and batten exterior, 2 bedrooms 8 acres, secluded, make an offer, \$23,900.00

BIG HAWK LAKE — 2 bedroom cottage, furnished, 200' frontage, boat and motor, asking \$22,000.00. Call Ted Vasey 705-286-1950.

Haliburton Red and White



CANADA PACKERS GROCERY WEEK

York 1.5 kg, crunchy or smooth Peanut Butter	2.99
12 oz. Luncheon Meat K A M	1.29
Maple Leaf, 1 lb. Canned HAM	2.99
Maple Leaf 1 1/2 lb. canned Picnic Ham	3.65
Maple Leaf, 191g Tenderflakes, Ham	1.29
Maple Leaf 454g Cheese Slices	1.79

★ GROCERIES ★

Heinz 10 oz. Tomato Soup	5/1.00
Duncan Hines Cake Mixes	.79
Libby's 48 oz. Tomato Juice	.59

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AND A

\$15 FOOD VOUCHER

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Redeemable only at Haliburton Red & White Contest closes Sat., May 5th at 5:30 p.m.

★ PRODUCE ★

USA No. 1 Cucumbers	2/.49
USA No. 1 CELERY	.49
Florida No. 1 ORANGES 5 lb.	1.59

Maple Leaf 454g Tenderflake Lard	.69
ZIP, all varieties, 14.5 oz. tins DOG FOOD	4/1.00
Spratt's Total Diet, 8 kg DOG FOOD	5.59

BAKERY SPECIALS

RAISIN RINGS or CINNAMON	1.29
Kaiser Rolls	6/1.29

MEAT SPECIALS

Quartered Chickens	.85 lb.
Schneiders Rindless Bacon	1.58 lb.
Burns Italian SAUSAGE	1.25 lb.

Anniversary run of '6060' ready to go

The Upper Canada Railway Society, a non-profit organization, announced that Canadian National's last operating steam engine '6060' will leave Toronto for Stayner and Collingwood on June 2nd to celebrate the 125th anniversary of the completion of the Ontario Simcoe and Huron Railway between Toronto and Collingwood. The Ontario, Simcoe and Huron railway was the first railway completed in Upper Canada this year marks the 125th anniversary of the Town of Stayner, which was called Nottawasaga Station in 1854.

During the day (June 2nd) the UCRS will operate a steam shuttle train between Collingwood and Stayner. Various activities will take place, such as Stayner's Holland Days with parades and bands. The Town of Collingwood will also have parades and an exhibition of railway and track equipment on display. Special historic commemorative gold spike ceremonies will take place. Also, a pancake breakfast is available after departure from Toronto. The whole day will provide a day in the country and family fun.

CN 6060 is a mountain-type steam engine built in Montreal locomotive works in 1944. From 1962 to 1972 it was on display in Jasper and then was restored by CN to her 1944 appearance. Ever since, she had operated throughout southern Ontario on special excursions. June 2, 1979 marks her debut in Stayner and Collingwood.

The railfares are as follows: return adult tickets from Toronto to Collingwood will cost \$18.95, and children (12 and under) \$14.95. Tickets available from Upper Canada Railway Society, Box 42, Station D, Scarborough, M1R 4Y2 or at the VIA Refund Counter, Union Station, Toronto.

Vegetable Salad Delights

Spring has come to Canada as homemakers around the country begin to turn their thoughts to cool hot-weather menus such as salads, fruit and cold cuts. Among the many vegetable salad possibilities are such delicious combinations as Three Bean Salad and Pea & Cheese Slaw.

Three Bean Salad

- 1 (10 oz.) pkg. frozen wax beans
- 1 (10 oz.) pkg. frozen green beans
- 1 (14 oz.) can red kidney beans
- 1 onion (cut in rings)

- 1 small green pepper (chopped)
- 1 tsp. salt
- ½ cup white sugar
- ½ cup vinegar
- ¼ cup vegetable oil

Cook wax and green beans together according to package directions. Drain and place in a large bowl and allow to cool. Drain kidney beans and place in a colander. Rinse lightly with cold water and let stand a few minutes for water to drain off. When wax and green beans are cooled, add to them the kidney beans, green pepper, onion and salt. In a small bowl combine sugar, oil

and vinegar. Stir until sugar is dissolved. Pour over the bean mixture and toss lightly to mix. Cover tightly and refrigerate. Let stand at least 24 hours before serving. Makes about 6 cups.

Pea & Cheese Slaw

- 4 cups cabbage (chopped as for coleslaw)
- 1 (12 oz.) pkg. frozen peas

- (cooked, drained and cooled)
- 6 oz. mild or medium Cheddar cheese (cut in small cubes)
- 1½ tbsp. onion (finely chopped)
- 10 stuffed green olives (sliced)
- 1½ tbsp. vinegar
- ½ cup mayonnaise
- ¼ tsp. pepper
- ¼ tsp. salt

Combine cabbage, peas, cheese, onion, olives, salt and pepper in a large bowl. Toss lightly until well mixed. In a



The Mini-Gourmet

BY SHELIA SANDY

Probably the most exciting horse race is the Kentucky Derby. Add to the excitement of the race by staging a Run-for-the-Roses Derby Party. Be sure to check your television station for the exact time of the race.

- Kentucky Derby Luncheon
- Mint Juleps
- Uncapped Strawberries, Powdered Sugar
- Country Ham
- Eggs Florentine, Grits Puff
- Pickles
- Brandied Peaches, Angel Biscuits
- Serves Six

PURCHASE THE FOLLOWING: Fresh mint, bourbon (one fifth equals about 16½ drinks (1½ ounces each), two pints uncapped strawberries, ham to bake or already baked (¾ to one pound per person for ham with bone; ¼ to ½ pound per serving for boneless ham), two packages (10-ounces) chopped spinach, ½ cup shredded cheddar cheese, one small can mushrooms, quick cooking grits, one roll garlic cheese, one package yeast, buttermilk.

HAVE ON HAND: Powdered sugar, eight hard-cooked eggs, one onion, lemon juice, margarine, flour, baking powder, sugar, soda, salt, bread crumbs, pickles, pickled or brandied peaches, shortening, two packages white sauce mix, milk, two eggs.

1:00-1:10: 1. Ham may be prepared the day or weekend before. 2. Cook two packages chopped spinach according to package directions. 3. Preheat oven to 400 degrees. Prepare Grits Puff. 4. Prepare one cup quick cook grits. 5. Stir in one roll garlic cheese and one stick margarine until dissolved. 6. Beat two eggs in cup and fill remainder with milk; add to grits and pour into greased casserole. 7. Bake in 400-degree oven for 20 to 25 minutes or until set.

1:10-1:20: Make Eggs Florentine. 1. Prepare two packages white sauce mix according to package directions; keep warm. 2. Open and drain one small can mushrooms. 3. Drain spinach; add two tablespoons each minced onion and lemon juice. 4. Layer spinach and eggs in casserole, sprinkling with ½ cup shredded cheddar. 5. Spoon over white sauce, sprinkle with bread crumbs and bake 15 to 20 minutes (until heated through) in same oven with grits.

1:20-1:30: Make biscuits. 1. Sift together 2½ cups flour, 1½ teaspoons baking powder, three teaspoons sugar, 1½

teaspoon soda and one teaspoon salt. 2. Cut in ½ cup shortening. 3. Add one package yeast dissolved in two tablespoons lukewarm water and one cup buttermilk. 4. Knead enough to hold together. 5. Roll out on floured surface and cut into desired size biscuits; let raise. (May be frozen at this stage.) 6. Wash strawberries and dry. 7. Set out powdered sugar, pickles and peaches. 8. Thinly slice ham. 9. Remove grits and eggs; keep warm. 10. Bake biscuits about 10 minutes in same oven (400 degrees) while you enjoy drinks.

1:30: Prepare mint julep. 1. Pour 2½ ounces bourbon, two teaspoons water, one teaspoon powdered sugar and four sprigs mint into frosted glass and muddle. 2. Fill with shaved ice and garnish with mint.

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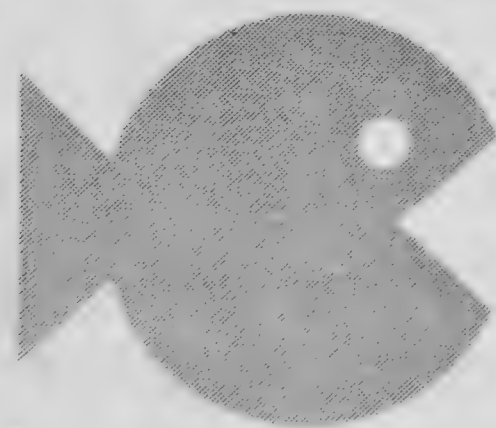
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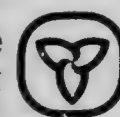
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THE ONTARIO MINISTRY OF THE ENVIRONMENT
THE ONTARIO MINISTRY OF NATURAL RESOURCES
THE ONTARIO MINISTRY OF NORTHERN AFFAIRS

Copies are also available in vacation area LCBO Stores (May-June) and Brewers' Retail Stores (July-August).

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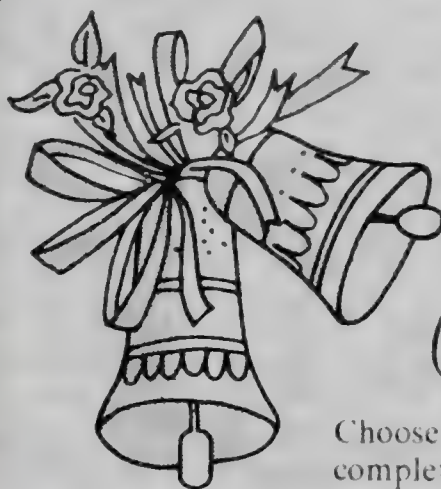
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The Highlands Express

R.R. 2, Minden, Ontario 489-2036



In Madras state, the nine tall gopurams of Meenakshi Temple raised during the Nayak dynasty, over three hundred years ago, are your first glimpse of Madurai, whether you arrive by car, train or plane.

India the South

ONE of the best kept secrets of India, is the rich treasure of its southern states. An area that up to now has been off the beaten tourist track, it is the ideal place to discover the true essence of India. Bordered on three sides by water: The Bay of Bengal on the east, the Arabian Sea on the west and the Indian Ocean on the south. Southern India is rich in ancient cultures and modern conveniences, green sunny plains and breathtaking mountains. Here modern industry meets the tradition of the past and combines in harmony to produce a land of remarkable extremes.

Tamil Nadu, Karnataka, Andhra Pradesh and Kerala are the four states that make up Southern India. While all of them have distinct characteristics, the legends and traditions of ancient India, and the incredible scenery tie them together. There is a tranquility and an agelessness to the south, that makes it unique in a country of never ending discoveries and surprises.

Tamil Nadu is the gateway to the south. It is a window to the modern south as much as it is an open archive of ancient legends. Temples of bygone eras, unspoiled hill resorts, beaches and forest sanctuaries mix easily with modern day progress.

The capital of Tamil Nadu is Madras. Once a tiny fishing village, Madras today is a sprawling metropolis. Despite the fact that it is the industrial hub of the south, the city has a quiet grace and dignity. A city of beaches, temples, and historical landmarks, it's the best starting point for one who sets out to enjoy the south. Classical Indian dance and music at its best can be enjoyed in Madras. Excellent transportation speeds travellers to any point in Tamil Nadu.

Kanchipuram, one of Hinduism's seven sacred cities is in Tamil Nadu as is Mahabalipuram, known for its magnificent art and architecture of the 7th and 9th centuries.

To the northwest of Tamil Nadu is Karnataka, a tourist's paradise. Rich in history, art, culture, delectable cuisine and inviting climate, it's easy to see why Karnataka is called the many splendored state.

The capital, Bangalore a garden city, is one of the most modern in India with many industries, research and technological institutions.

Mysore, the regal city was the old capital of the state. Magnificent palaces, parks, zoo-

logical gardens and sculptural masterpieces abound in Mysore. The Brindavan gardens are a fantasy of colour, when the fountains, laid out below the Krishnarajasagar Dam are illuminated. The interior of Karnataka is rich with treasures, sculptures and architecture. Art lovers are drawn to Belur and Halebid, where exquisite temples from the 9th and 10th centuries abound. Gol Gumbaz, the famous whispering gallery is also here in Bijapur.

Next door to Karnataka is Andhra Pradesh, a land steeped in the past with temple after temple, each more splendid than the last. Hyderabad is here, a city of broad roads and large placid lakes. It's the fifth largest city in India, filled with architecture, most notably the Char Minar, erected two years after its founding smack dab in the middle of the city. Andhra Pradesh is also the home of the Nagarjunasagar Dam, the largest masonry dam in the world. The famous shrine of Tirupati is in south Andhra Pradesh, one of the most ancient in the country and the richest. There is the natural beauty of the

Araku valley and the pageantry of the tribal dancers of that valley. Of all the southern states, it is the one most off the beaten track with an interesting blend of Indo-Islamic architecture, customs, culture and history of the past.

Kerala, the other Eden is on the west coast bordered by Tamil Nadu in the east and Karnataka in the north. Kerala is a land of placid backwaters, limpid lakes and lagoons, lush green forests and warm sea waters lapping its miles of coast line. Cochin, with one of the finest natural harbours in the world is known for its ancient synagogue and Dutch Palace.

Capital of this, most literate of all Indian states is Trivandrum, a city of gardens and old world charm. The historical interest of Trivandrum and the development of Kovalam as an international beach resort make the area another tourist's dream.

Kerala is a land of ancient customs and age old traditions, unique arts and crafts; a land of breathtaking mountain ranges; a land of magic. A tourist's paradise, blessed by nature, enriched by history.

The spectrum of interests, and sights to see in southern India are as varied as the peoples who inhabit the country. Pondicherry for instance on the east coast of Tamil Nadu was once part of the French Empire in a country that once was almost totally British. Today Indian names and Indian tongues and English all with a musical French lilt make this part of India very different.

Festivals and fiestas are an integral part of Indian life, especially in the south. Some are religious others mythological in origin. They are all in a proud tradition that has been handed down through the ages. September through January is the peak festive season. In Kerala the beginning of September ushers in Onam — the harvest festival, highlighted by the famous Snake Boat races. Dassara follows in October, and is celebrated with particular enthusiasm in Karnataka. Illuminations, processions and fireworks make Dassara a fabulous occasion in Mysore.

Deepavali is perhaps the most delightful of the festivals, turning South Indian homes into dream worlds of flickering oil lamps and exploding fireworks. To a visitor it would probably seem like Christmas. Christian as well as Hindu holidays are celebrated. Shivarathri, Pooram, Shankranthi, Bakrid, Christmas, Moharrum and Easter — host of festivals are celebrated in the south with varying degrees of enthusiasm and excitement from state to state.

For a visitor interested in the performing arts, December in Madras is a fascinating place. Between December 24 and January 2, you can have a choice of ten to twelve top quality dance or music programs, each day. January 13th to 15th in Tamil Nadu is the occasion for celebrating the



A Doggone Paw Show!

"Don't look, Martha — this guy's got a flash!" the cocker spaniel at right seems to say as he places a protective paw on his girlfriend and looks away himself. Seems a guy just can't take his date anywhere these days without being bothered.

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Ontario Hydro invites interested parties to submit an outline describing their capabilities to perform grass cutting and trimming services in the Minden area. Subsequent to the examination of the outlines received, tenders will be invited from parties who meet the qualifications criteria.

The Lowest or any tender not necessarily accepted.

Prequalification submissions will be received up to May 4, 1979.

Prequalification documents may be obtained from:

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Phone - (705) 286-2031



Ontario Hydro

Crossword Puzzle

Dinner Bell

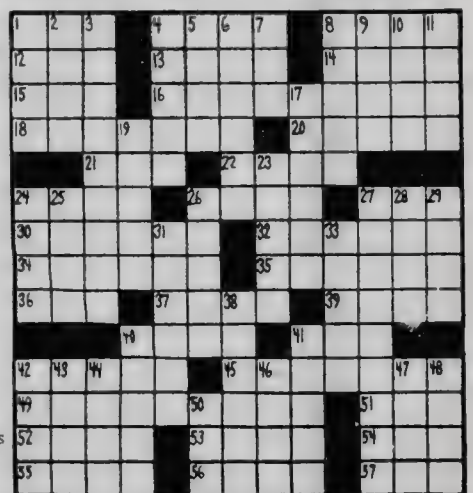
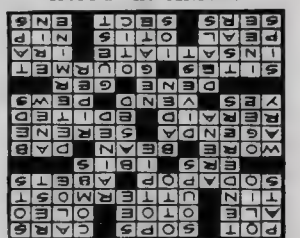
ACROSS

- 1 — roast
- 4 Wipes up
- 8 They stop at drive-ins
- 12 Popular British beverage
- 13 Siouan Indian
- 14 Bread spread
- 15 Metal
- 16 Extreme
- 18 Soft drink
- 20 Encourages
- 21 Comparative suffixes
- 22 Wading bird
- 24 Had on
- 26 Black soup
- 27 Small portion
- 30 Things to be done
- 32 Calm
- 34 Invade again
- 35 Revised
- 36 Assent
- 37 Sell
- 39 Church seats
- 40 Sand hill
- 41 German (ab.)
- 42 Locations
- 45 Sophisticated diner
- 49 Never satisfied
- 51 War god
- 52 Ring
- 53 Elevator inventor
- 54 Bite
- 55 Indian weights
- 56 Denomination
- 57 Abstract being

DOWN

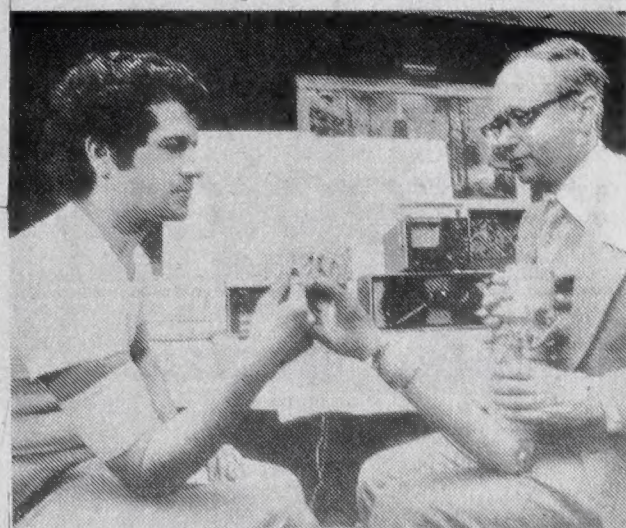
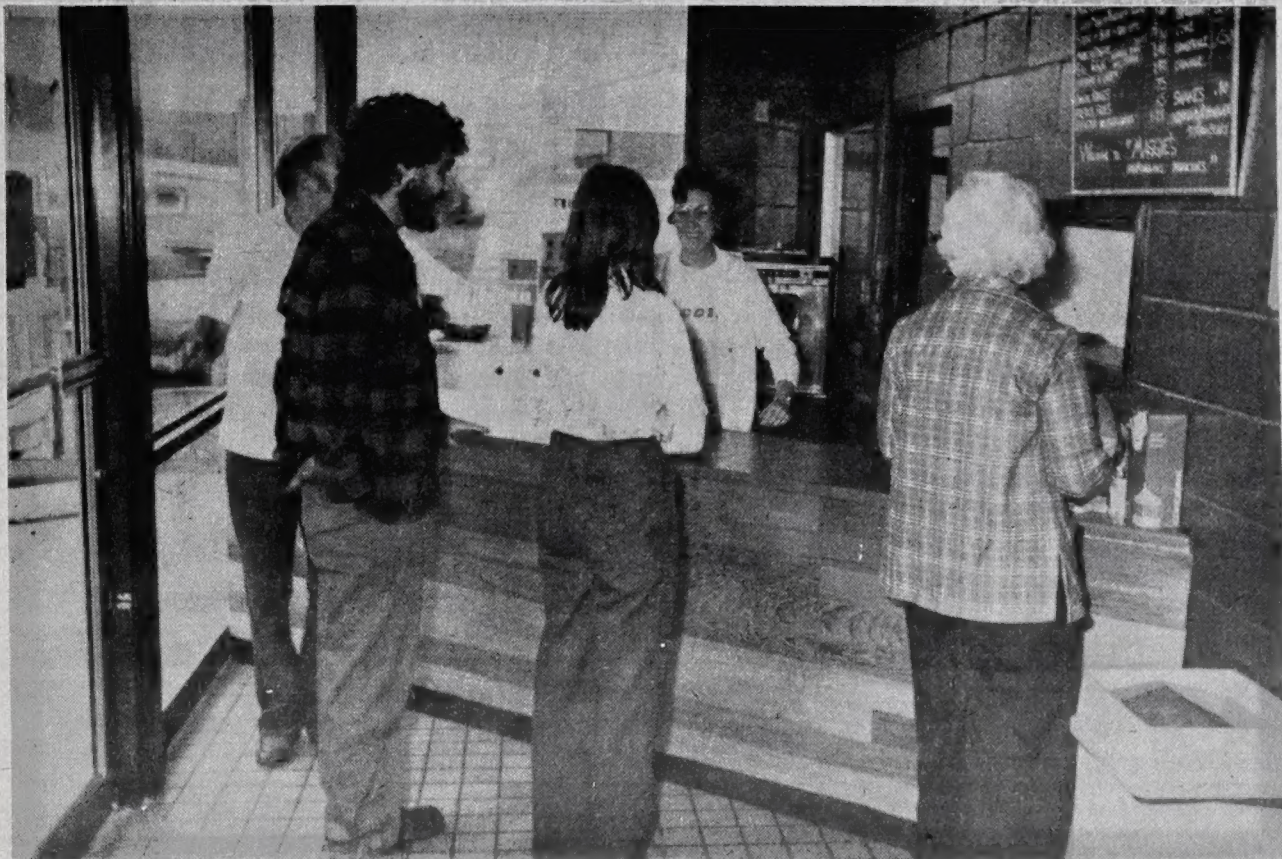
- 1 Butter
- 2 Medley
- 3 Offerers
- 4 Dinner courses
- 5 German king
- 6 Chicken
- 7 Watch
- 8 Grooms the hair
- 9 Century plant
- 10 Repose
- 11 Drunkards
- 17 Precipitated moisture
- 19 Amphitheater
- 23 Founded
- 24 Cautious
- 25 Curved molding
- 26 German city
- 27 Decide
- 28 Afresh
- 29 Sleeping places
- 31 Strip
- 33 More mature
- 38 Nullify
- 40 Allocates
- 41 Dinner visitor
- 42 Drinks slowly
- 43 Arrow poison
- 44 Former Russian ruler
- 46 Of the ear
- 47 Ireland
- 48 Knocks lightly
- 50 Butterflies

Here's the Answer



harvest festival. A special harvest fair is held in Madras city on this occasion. Added to these are the modern day celebrations of Republic Day, January 26, and Independence Day, August 15. Whatever the occasion, the people of Southern India make it a truly joyous and memorable experience.

South India is a land of contrasts, the old and new mixing side by side in daily living. The importance of each is essential to the balance of the culture, and from a tourists point of view, this land "off the beaten tourist track", is filled with the stuff of which dreams are made.



HOPE for amputees continues as shown by this more sophisticated artificial arm that is controlled by electrical impulses from the brain. Graduate assistant Javad Salahi controls the arm with his thoughts as Dr. Daniel Graupe, bio-medical engineer at Illinois Institute of Technology in Chicago, holds it.

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New fast food takeout here features char broiled burgers

MINDEN - On Good Friday, Maggie Ross opened her new Maggie's Marvelous Munchies on the Minden bypass and since then business has started to boom. Featuring perhaps the best char-broiled hamburgers in the county, Maggie promises to serve the best quarter-pound meat patties that Schnieders produce.

An employee of A.C. Neilsen (Neilsen's T.V. ratings) for 16 years in marketing research, Maggie was promoted to assistant to the director of

space facilities, before trying her talents as business manager. Maggie will be running her new Marvelous Munchies operation by herself for the time being as her husband Earl has his own business, "Ross & McNeillage" in Toronto. The Ross's also have nine children, all grown and living on their own, five boys and four girls, who will be coming up on weekends to help out.

Maggie's Marvelous Munchies will be open starting May 5th, from 11

a.m. to 10 p.m. On the 24th of May weekend, Maggie's hours will be 11 a.m. to midnight, and on weekends from 11 a.m. until 1:30 a.m. right up until Thanksgiving, seven days a week.

A major earthquake struck Bucharest, Romania, in March 1977, killing more than 1,300 people and causing extensive damage to housing and industry.

Maggie's Marvelous Munchies

MINDEN - Last week the Express dropped around to yet another new business that has opened in the Minden area. This latest business venture is located on the Minden bypass, next door to the OPP Detachment. Maggie's Marvelous Munchies, is operated by Maggie Ross, lower photo, flipping over one of her establishment's feature items, Char Broiled Burgers. Above, it was standing room only at the counter, as the business, that only opened a few days ago appears to be already popular.



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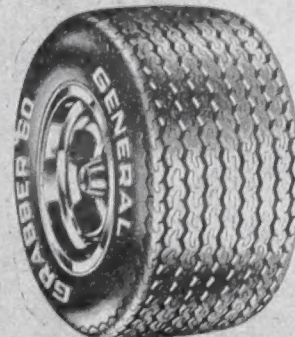
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Samantha
READS YOUR STARS

If you were born this week: You are kindhearted and very willing to help others. You probably enjoy gardening and are likely to have a beautiful green thumb. You are dependable, conscientious and a hard worker. You pride yourself on your common sense and your ability to make friends.

ARIES (3-21/4-19): A small situation at home should be handled with sensitivity to avoid emotional outbursts. Aries. Let your love shine forth this week to those near and dear to you. You'll be sweetly rewarded! Days continue with a bit of elbow grease and a financial consideration.

TAURUS (4-20/5-20): Family news is exchanged this week. Taurus, and gossip may enter into the picture. You've been stewing over a domestic matter of your own; straighten it out now. Week closes with a visit from Cupid. Enjoy!

GEMINI (5-21/6-20): Be leery of shortcuts, Gem. They may save you mileage, but they may also be full of potholes and pitfalls. Later, a date is made and you just could find someone new to party with. Days come to detailed close.

MOONCHILD (6-21/7-22): It's decision time, Moonbaby. Don't act rashly, but if you tarry too long, the choice could be made for you. Then, you can add coins to your bank if you're willing to go out on a limb. Week ends with messages galore.

LEO (7-23/8-22): Your brain's working overtime, Leo; I can smell the smoke from here! There is such a thing as "over-think"; give your pore little punkin' head a break. Go play tennis or take a roll in the clover, baby! Days could end with a question of values; follow your own.

VIRGO (8-23/9-22): Overconfidence could get you more than you bargained for, Virgo dear. And you should know better than to volunteer, anyhow! Days continue with a jumble of friends, whispers and pats on the back. And close with verve.

LIBRA (9-23/10-23): Associates will willingly provide you with headaches — if you're equally willing to accept

them. And that's the key, Libby; you don't have to! So, of course, you won't. Later, party and romance with one you find oh-so-stimulating. Week sneaks to riotous fin; be ready for anything.

SCORPIO (10-24/11-22): Be practical and exercise caution in your activities, Scorp. Test the water with your toe before you jump in; it could be a mile chillier than you expected. Finally, consult local guru to clarify certain motives.

SAGITTARIUS (11-23/12-21): New venture looks tempting, Sag, but you'd do well to build on what you've already begun. After all, even you can only keep so many plates up in the air, my fine juggler! Later, abandon that crowded dancefloor for a more intimate setting. Days flash to a halt.

CAPRICORN (12-22/1-19): You have commitments to fulfill in week ahead, Cappy. You'll need to divide your time; but don't divide your loyalties, babe. Later, romance shimmies by with a sexy wink, and you're off and running. Finally, trust your instincts; they haven't led you wrong yet.

AQUARIUS (1-20/2-19): Cooperative efforts can make for strange bedfellows, Aquari. You may find yourself working alongside certain people with whom you have absolutely nothing in common except the joint project. It should prove interesting all the way round. Days lope forward to unhurried conclusion.

PISCES (2-20/3-20): Make time in this week's schedule for both work and play, Pisces. Don't devote all your energies to one, or the other will suffer. You have a key role to play in several activities — do it in award-winning style.

(c) 1979 Suburban Features

Ontario introduces new symbolized sign



TORONTO - A new symbolized traffic sign alerting motorists to pedestrians will soon be seen along many rural highways, Ministry of Transportation and Communications Minister James Snow said.

"The new sign will depict a black walking figure on a yellow background with a black border," said the Minister.

"Replacing older pedestrian warning signs, the new ones will be phased in as required over the coming months with the majority located on the northern route.

Field observations have indicated accidents too often result when pedestrians cross or walk along highways in rural or low density residential areas.

"It is our hope these signs located in advance of such areas now, will reduce considerably the number of traffic fatalities," said Snow.

"It is alarming how many are killed on our highways and how many of these deaths could be

prevented if pedestrians and drivers used more common sense," said Snow.

"It's a two-way street. Drivers should always be aware that pedestrians might be walking along the roadway and pedestrians must be on the lookout for motorists.

Pedestrian fatalities on Ontario highways in 1978 increased 12.7 percent over the previous year from 252 to 284. And 1977 statistics showed that the primary causes included crossing through moving traffic, running into the roadway and walking on the wrong side of the road.

Perform a death-defying act.



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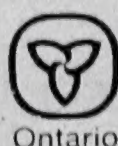
Interested parties may obtain tenders at the Ministry of Natural Resources District Office at Minden, Ontario.

Closing date — 12:00 o'clock noon — May 24, 1979

Tenders must be submitted on proper tender form.

Lowest or any tender not necessarily accepted.

Fleet operators required to show proof of Workmen's Compensation prior to commencing operations.



Ministry of
Natural
Resources

Hon. James A. C. Auld
Minister
Dr. J. K. Reynolds
Deputy Minister

GET PROFESSIONAL carpet cleaning results (AT DO-IT-YOURSELF PRICES)

RENT OUR RINSEVAC—the portable, easy-to-use carpet cleaning machine that gently...

- rinses carpet fibers with hot water and cleaning solution
- loosens and lifts dirt, grime and residues to the carpet surface where they are immediately vacuumed up
- leaves your carpets CLEAN and FRESH!



RINSEVAC
CLEANS CARPETS
EASILY
KEEPS THEM LOOKING
LIKE NEW

Rent for only
\$12 a day

Hillside Pro Hardware
Minden 286-1171

CLASSIFIED ACTION ADS

FOR SALE

CARPET & UPHOLSTERY CLEANING

by DURACLEAN Services absorption process. Wool and velvets are our specialty! Telephone: 286-2883 for a Free Estimate. (27)

Electric lawn mower, reasonable. 286-2659. (14)

Boxer puppy, purebred, female, brindle, 8 weeks old, \$125. Phone 488-2690. (13)

69 Plymouth Barracuda Fast Back, certified, 286 1180. (14)

Sawdust - burner - unlimited heat - easily attached Phone 488-2553

1978 Malibu, standard, like new, 4,700 miles. Phone 286-2690. (15)

1 Cockshutt tractor, 6 forward speeds, engine rebuilt in 1972 \$1,500. Call 457-1951 (14)

Pet rabbits for sale, 8 weeks old \$4.00 each. Call after 4:30 754-2967 (14)

One back hoe and front end loader, diesel 1966 Ford, series 4500 industrial, extra bucket, skid tank and pump 457-2572 (14)

Propane range with 4 burners, a thrashing machine, 4 furrow plow and 2 aluminum doors. Call 286-2373. (14)

1974 Meteor Rideau — 500, 4 dr., pb, ps, radio, 6 tires, excellent condition, low price, 754-2458. (13)

BUILDING LOT, 2 acres one mile north of Minden, 286-2305. (13)

FOR SALE

Three-bedroom house by the river. Full basement. Good terms. 286-1788

FOR SALE

1972 Dodge Monaco Station Wagon. Best offer over two hundred dollars. 286-1068

3 room cabin, new wiring and insulation, partly furnished. To be moved, call 754-2508. (15)

NEW CONSTRUCTION
ADDITIONS-ALTERATIONS
STEEL ROOFING
ALCAN ALUMINUM
SOFFITS-SIDING, FASCIA
SPANISH & TUDOR STUCCO
REAL STONE FACINGS
(NO LEDGE REQUIRED)
DRY WALL TAPING

Galaxy Construction
BOX 903, HALIBURTON

488-2246

ALL WORK GUARANTEED
IDEAS & ESTIMATES
FREE

FOR SALE

15' trailer (good shape), reasonable price, 457-1605 (17)

69 Impala 4 door, 8 cyl. gold colour, radio, good condition. Phone 457-1356. (17)

Conical shaped fireplace complete, sky blue, 38" opening, 2 sections of matching pipe, takes 8" chimney, \$175. Phone 489-2990. (17)

FOR SALE

Tent. Used one summer, 9x12 Canopy. Also tent heater. Reasonable. 454-3487 (16)

FOR SALE

1976 GMC Truck with cap, 4x4, auto, V8, many options, excellent condition. \$5900. Also a 1975 Chev Caprice, 4 dr. hardtop, V8 auto, many options \$2900. Excellent condition Call 454-3210. (16)

FOR SALE

Baled hay, cedar 8 & 16 ft., lilac, snowball, rose, dahlia, peony, floss etc. Tel. 454-3410 (16)

FOR SALE:

Pink Polyester sheers, 2 panels, 116" x 80" each. Phone 286-2036. (16)

FOR SALE

Navy polyester Blazer and grey slacks, boy's size 16. Phone 286-2036 (16)

FLOOR COVERINGS

Clearout stock from disenchanted distributor. Cushioned Vinyls—2nds of \$13.50 line — **\$4.95** sq. yd. Other cushioned vinyls from **\$2.99** sq. yd. Wide selection, probably lowest prices in Canada. Broadlooms factory clear away below market prices. Come In, See and be happily convinced.

Minden Furniture Centre (16tfn)

Used office desk for sale in good condition. Minden Boat Works, 286-2248. (16)

SHEET VINYL FLOOR — 7 mill vinyl face, from only \$2.99 sq. yd. Tri-County Building Supplies, Cobocook 454-3292. (17tfn)

RAWLEIGH PRODUCTS — sales and service, call Cliff Newbatt at 754-2443. (17-2)

22 cu. ft. FREEZER, perfect condition, asking \$200. Call 286-2876. (17)

1 INCUBATOR, electric — 150 egg size, \$40. Phone 754-2330.

1974 HORNET auto. 6 232 motor, low mileage, certified, worth \$1800. sell for less. Telephone: 286-1689. (17)

A long white wedding gown and train, size 11-12, also a short Scottish Tartan Kilt, 489-2924.

FORTHCOMING MARRIAGE

WEDDING ANNOUNCEMENT
Mr. and Mrs. Don Hicks, Ingoldsby announce the marriage of their daughter LYNN Louise, to Thomas BARRY White, son of Mr. and Mrs. York Marion, Toronto at St. Paul's Church, Minden, Sat., May 5, 1979. Wedding dance 8 p.m. Minden Community Centre, everyone welcome. (17)

FREE

Efficiency test with each clean-out. Order before June 1st, 1979.

Ph: 286-2738

Special Lube sale on until May 15, 1979.

John E. Francis Fuels & Burner Service

LOST

Small black lab with white markings. Child's pet. Area of E.J. Motel - please call 286-1309. (15)

FOR RENT

Apartment for rent - two bedroom. 754-2447

SERVICES

Now Open
MINDEN BAKESHOP AND TAKE-OUT
Featuring Graham's of Lindsay fine baked goods, many take-out foods, salad bar and fast food counter. Located in the newly remodelled Cameo Restaurant, 286-1233. Watch for our official grand opening.

The fit never quit.

NEED HELP AROUND THE HOUSE, PROPERTY, COTTAGE OR FARM? CHECK OUR DIRECTORY FOR AREA TRADESMEN

WANTED

Wanted: All types of scrap metals, copper, brass, battery lead, die cast, aluminum, rads, gen. & starters. Old cars, truck, machinery. MINDEN METALS, 489-2065 R R 2 Minden.

HOUSECLEANING WORK wanted and painting and decorating with wallpaper — call 489-2003 or 2187. (10)

Barns and sheds for demolition. Prices negotiable 1-705-728-5455, 1-705-737-0499. Call collect Barrie. (17)

HOUSE MINDER — to care for hens and dog for one month, June-July. Pensioners preferred. 754-2330. (17)

Succulent Spareribs

SERVICES

NEED EXTRA INCOME? Part time or full time, call Nick or Maria at 754-2461, evenings between 6 and 9 pm. (except Tuesday). (5tfn)

SEPTIC TANK PUMPING ALL TYPES

Holding Tank Contracts
24 Hour Service
JOE RIVERS
286-2057
R.R. 2, Minden

Coming Event

Garage Sale coming soon in our basement. Dishes, household articles some antiques. 754-2447

BUSINESS SERVICES

LES SCHELL PUMPING SEPTIC & HOLDING TANKS,
Well cleaning, 2000 gallon capacity, quick quiet efficient service. (17tfn)
CALL ANYTIME, 457-1152

UNEMPLOYED?

Aged 16-24? The Ontario Career Action Program (OCAP) can provide you with on-the-job training for up to 16 weeks, during which you would receive \$100 wk. Contact Faye Schonhoffer at Sir Sandford Fleming College 457-1680 16-2c

STANHOPE Firefighter's Hall is available for all occasions - weddings, banquets, parties, etc. Large dance area, kitchen facilities, air-conditioned. Call 754-2294 for information (16-2C)

- Easy to Barbecue

Barbecued spareribs, glazed a rich brown and done to perfection are always finger-licking favorites. Good to the last bone.

Select meaty side ribs or back ribs. For a special treat try country-style ribs. (Sometimes called Texas ribs.) A portion of the rib end of the pork loin is split across the ribs. This piece lays open and flat on the barbecue. Country-style ribs are hearty and as meaty as rib loin chops.

BARBECUED SPARERIBS
14 - 1 pound spareribs per serving

For juicy, tender ribs pre-cook before barbecuing or barbecue slowly over low heat.

To pre-cook ribs: Place ribs in a large kettle. Barely cover with lightly salted boiling water, a few celery leaves and one medium onion cut in pieces. Cover and simmer 45 - 60 minutes until tender. Drain and pat dry. (Pre-cooked ribs can be

stored in refrigerator for up to 2 days before barbecuing.)
To barbecue: Place pre-cooked ribs on well-greased grill about 5 inches over medium heat. Brush with basting sauce; barbecue, basting and turning often, for about 10 minutes on each side.

To barbecue ribs without pre-cooking: Place fresh spareribs on well-greased grill, rib ends down, about 6 inches over coals at low to moderate heat. Barbecue 1 1/2 - 2 hours, turning ribs often so they brown evenly. During last 20 minutes brush ribs frequently with basting sauce.

BAR-B-Q BASTING SAUCE

1/4 cup butter or margarine
1/2 cup vinegar
1/4 cup water
2 teaspoons seasoned salt
1/2 cup corn syrup
1 tablespoon sugar
1 teaspoon curry

Combine all ingredients in a small saucepan; simmer 4

to 5 minutes. Keep warm by the side of the fire while using. Makes 1 1/2 cups sauce.

Brush spareribs with sauce during last twenty minutes of barbecuing.

ROBUST RIBS COUNTRY STYLE

4 lbs. country style pork ribs/chops

1/4 cup vinegar
1/4 cup molasses
2 tablespoons mustard
2 tablespoons brown sugar
2 tablespoons lemon juice
1/2 teaspoon salt
1/4 teaspoon pepper

Pre-cook pork ribs by simmering in salt water 45 - 60 minutes. Meanwhile combine remaining ingredients in a saucepan; bring to a boil; simmer 5 minutes.

Place ribs on greased barbecue grill; barbecue over medium heat for 15 minutes on each side, turning often and basting frequently with sauce. Makes 4 servings.



SPRING IN FOR SAVINGS

THE NORLAND CENTRE



CLOTHING DEPARTMENT

EVERYDAY
GIFT WRAP

pkg. of 10, prepriced 2.49

1.49

Corner of Hwy. 35
and Hwy. 503

GIANT SIZE
Colouring Books
prepriced 2.50

1.49

breakfast savings



Blue Bonnet soft
margarine
2 lb. bowl

1.49

Kellogg's cereal
Special K
475 gram
pkg. **1.38**

lunch savings



Heinz condensed
tomato soup
10 fl. oz. tin

51.00
for

Chef Boy-Ar-Dee cheese
pizza mix 421 gram
pkg. **.99**
Old London
melba toast 13 oz.
pkg. **1.39**
chocolate chip, chocolate fudge, cinnamon
daiquiri, french creme or Canadiana
Dare cookies 400-450 g
pkg. **1.19**

lunch savings



with pork
Clark beans
14 fl. oz. tin

.38

dinner savings



Salada orange pekoe
tea bags
pkg. of 60

1.59

grocery savings



all vegetable
Crisco oil
1 litre cont.

1.69

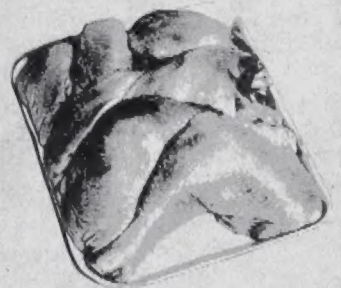
fruit flavour
Quench 21.7
crystals cont. **1.69**

snacks
Fiddle Faddle 198 g
cont. **.79**
Hi-C assorted
fruit drinks 48 fl.
oz. tin **.59**
all method grind, vac pac
Melita Coffee 1 lb.
tin **3.29**
Quaker, 900 g 350 gr
pk **1.88**
Harvest Crunch
assorted 24 oz.
tin **1.49**
Clark stews

meat savings

Schneiders bologna, mac & cheese, pickle &
pimento, chicken, headcheese pork loaf or
luncheon meat 6 oz.
pkg. **.78**
Schneiders
fried chicken 2 lb.
bucket **4.18**
Schneiders, 2 oz. size
beef burgers 2 lb.
pkg. **3.98**
Schneiders Turkey, Veg. or Chicken
meat pies **.88**
Schneiders Olde Fashioned, 1/2's vac pak
smoked hams 1 lb. **3.68**
Maple Leaf reg. or all-all beef
dinner franks 16 oz.
pkg. **1.55**
Burns Italian style
hot or sweet sausage 1 lb. **1.25**

meat savings



fresh young
backs, wings, necks attached
quartered chickens

lb. **.85**

Schneiders fresh cut
chicken
legs lb. **.98**

Schneiders
rindless
bacon 16 oz.
pkg. **1.58**

Schneiders,
regular or
thin sliced
bologna 16 oz.
pkg. **1.58**



CLOTHING

Boys' 8-16
Denim Jeans **3.99**

4-6X
S-S TOPS **1.99**

Unisex, designer pocket, 28-36
Cord Pants **11.99**

Men's & Ladies — elsewhere 19.99
Spring Jackets **15.99**

Girls 7-14, Fruit of the Loom
Denim Pants **9.99**

home care savings



Sunlight
laundry
detergent 6 litre
box **2.75**

Rio
liquid
detergent 2 x 750
mL cont. **.49**

laundry detergent
Zero liquid 16 fl.
oz. cont. **1.49**

window cleaner
Glass Plus 24 fl.
oz. cont. **1.19**
laundry stain remover
Shout 10 oz.
aerosol **1.29**
assorted air freshener
Wizzard 16 oz.
cont. **.49**
bathroom size refill
Dixie cups pkg.
of 100 **.99**

dinner savings

Duncan Hines,
assorted varieties
cake
mixes 18.5 oz.
pkg. **.79**

Libby's fancy
tomato
juice 48 fl. oz.
tin **.59**

McCain fancy frozen,
all cuts
french
fries 2 lb.
pkg. **.69**

grocery savings

low calorie sweetener
Sugar Twin 40 gram
pkg. **.69**
Puss N' Boots
cat food 3 15 oz.
tin **1.00**
Pampers extra absorbent 24's
disposable diapers regular
30's **2.69**

Lady Patricia
shampoo 350 mL
cont. **.99**
Super Saver
Wilkinson blades **.89**
Playtex
hand saver gloves pair **.99**
complexion size
fresh bar soap each **.39**

Values effective until closing Saturday May 5, 1979.
We reserve the right to limit quantities.
Supplied and Serviced by National Grocers Company
Ltd.

produce savings

SMOOTH FIRM
CUCUMBERS
2 for **.49**

PRODUCE OF CHILI
RED GRAPES **.99 lb.**
CRISP PASCAL STALK
No. 1 Celery **.49**

STORE HOURS:

Monday to Wednesday 9 a.m. to 6 p.m.
Thursday to Sunday 9 a.m. to 9 p.m.